

Note - liturgies down through the centuries are often a patchwork of material from different times and sources - we have tried to acknowledge all the direct borrowings

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## **Monday - Communion**

### **“Come with me”**

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Opening Responses

Jesus Christ is the Way  
**We are called to walk with him**  
Jesus Christ is the Truth  
**We are called to learn with him**  
Jesus Christ is the Life  
**We are called to life with him**

Call to worship

**There is one Lord, one Faith, one Baptism**  
**Christ has one church -**  
**let us join as one church to worship God**

♪ One church, one voice  
Word and Music © Paul Robertson  
[www.satelliteworship.com](http://www.satelliteworship.com)

♪ Come people of the risen king  
Word and Music: Keith Getty, Kristyn Getty and Stuart Townend © 2007 Thankyou Music  
[www.gettymusic.com](http://www.gettymusic.com)

Prayer of approach:

Great and Gracious God  
Merciful and Mighty God  
Infinite and Intimate God

We are here to worship you  
You made us and all that is  
once there was nothing until you spoke  
and then there was everything

*[I heard this line in Australia - and think it came from a resource for Uniting Church liturgy - but can't track it down at the moment - Doug]*

We worship you as the source of all life  
We worship you as the source of all beauty and truth  
We worship you as the love that fires the sun and all the stars

And we give thanks that you have come to be with us in Jesus  
We rejoice that you have called us to be with you  
Draw near to us as we draw near to you...  
Draw near to us as we draw near to you  
May we be different because of this time  
because of these days  
because of these people we are here with

We ask you to breathe your Holy Spirit into our worship now  
Hear us as we confess our sins  
We are not the people you made and meant us to be  
*[made and meant echoes a John Bell lyric from his setting of Psalm 8]*  
We have sinned against you – in thought and word and deed  
Through what we have done and what we have not done  
We look to you for mercy now...

♪ Kyrie eleison

Music: John L Bell © WGRG, The Iona Community  
[hymnary.org/tune/kyrie\\_bridget\\_bell](http://hymnary.org/tune/kyrie_bridget_bell)

Silence of assurance - you are forgiven

*[note here on use of silence in liturgy - we created a clear musical signal to introduce silence and to end it - the three chimes Iain used. We wanted to show that silence can be used in different ways - can be cued up and purposed intentionally. All of our silences were 4 mins - they were all timed. Best not to guess timing or just feel it as you will 99 times out of 100 end it too quickly because you are anxious about how long it feels. Tell people it will be 1 or 2 or 4 or 10 mins and stick to that rigorously. People need to be trained to keep silent. I was conscious that by the fourth silence, our gathering was entering the silence more effortlessly, willingly and trustingly than the first two times]*

♪ Listen now for the gospel

Words and music: Zimbabwean traditional; translated John L Bell © 2002 WGRG, The Iona Community  
Church Hymnary (4th edition) #779

Reading: Mark 3.13-15

Sermon

Affirmation of Faith

We believe in a loving God,  
who made us and all that is,  
who loves us and all the world  
with a father's tenderness and a mother's strength  
**We believe in God, our maker**

We believe in a saving God  
who became human  
and lived among us,  
who died and rose to set us free  
and give us life  
**We believe in Jesus Christ, our Saviour**

We believe in a living God,  
the breath of life in all life,  
The gift of God to the people of God  
**We believe in the Holy Spirit, our life-giver**

We believe in one God  
**A trinity of holiness and love -  
This is the God we worship and proclaim**

## Invitation

Gathered in Christ's name, we are invited to come to His table  
Just as the gospel is passed on through us  
So this invitation is given through us  
Still today,  
Jesus calls to himself those He wants to be with Him  
Those who are beloved of God  
And this is you - praise God!  
And this is the folk around you - Amen!  
Still today, Jesus comes to us speaking peace, making peace  
Calling us to speak peace to one another, to make peace with  
one another  
Sisters and Brothers,  
I call on you to greet one another and to invite one another to  
the table:  
(we turn to greet one another with these words)  
'Peace be with you - come to the table'

♪ We are coming Lord to the table  
Words and Music: Sierra Leone  
Global Songs for Worship #49

## The story

Hear the words of the institution of the Holy Supper of our Lord  
Jesus Christ from Mark's Gospel:  
When it was evening, he came with the twelve...  
While they were eating, he took a loaf of bread, and after  
blessing it he broke it, gave it to them, and said, 'Take; this is  
my body.' Then he took a cup, and after giving thanks he gave  
it to them, and all of them drank from it. He said to them, 'This  
is my blood of the covenant, which is poured out for many.  
As our Lord gave thanks, so now we do the same:

## Thanksgiving

The Lord be with you  
**And also with you**  
Lift up your hearts  
**We lift them to the Lord**  
Let us give thanks to the Lord our God  
**It is right to give our thanks and praise**

It is our duty and our joy to give you thanks, Creator God  
all life is lived in you, in you all life begins and ends  
and in the universe, your beauty shines a million ways,  
creation speaks your glory without words,  
but still we hear its praise,  
and dutiful and joyful we join in...

**We praise you God our maker**

It is our duty and delight to praise you Jesus Christ, our risen  
Lord,  
you are the image of the God we cannot see,  
the one for whom and through whom all that is was made,  
the one in whom all things are held together and sustained  
...you are the one through whom all things are reconciled to  
God,  
and peace is made in earth and heaven by your cross...

**We praise you Jesus Christ our Lord**

It is our duty and desire to pray Come Holy Spirit, and to give  
you praise -  
you are the Lord, the Life, the one who brings new birth,  
you are the Holy one, who sighs and sings in earth and us  
*[this draws on Jurgen Moltmann's 'sighing spirit of God' in 'The  
Spirit Of Life']*  
you are the fire in whom we are baptized, the air we breathe,  
you are the living water springing up in us, the life we share

**We praise you Holy Spirit**

Creating, Saving, Living God,  
we join with all the Church on earth  
and join the Church with you in heaven  
So that together we may sing your praise...

♪ Sanctus and Benedictus

Words and Music © 2018 Iain McLarty and Doug Gay (tune: Picardy)

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[following comes directly from the "Wee Worship Book"  
published by the Wild Goose Resource Group]

For us you were born, for us you healed  
For us you preached and taught  
and showed the way to heaven,  
For us you were crucified  
And for us, after death, you rose again.  
Lord Jesus Christ, present with us now,  
for all that you have done and all that you have promised,  
what have we to offer?  
Our hands are empty,  
our hearts are sometimes full of the wrong things  
But with you is mercy And the power to change us,

So as we do in this place,  
What you did in an upstairs room,  
Send down your Holy Spirit, on us  
and on these gifts of bread and wine,  
**Let them be for us - your body**  
Healing, forgiving and making us whole  
**Let us be for you - your body**  
Loving and serving you in the world, until your kingdom comes.  
**Amen**

♪ All who are thirsty

Words and Music: Brenton Brown, Glenn Robertson © 1998 Vineyard Songs  
[www.vineyardchurches.org.uk/songs/all-who-are-thirsty/](http://www.vineyardchurches.org.uk/songs/all-who-are-thirsty/)

The Lord's Prayer

Communion

This is the body of Christ  
This is the blood of the covenant which is poured out for many

Post-communion prayer

♪ God loved the world so much

Words: John L Bell © WGRG, The Iona Community (tune: Wondrous love)  
Known Unknowns #25, published by Wild Goose Resource Group

Closing responses                      Gracious God, we are not our own  
*[this echoes the Heidelberg Confession as well as Calvin/Augustine/Paul]*  
**We belong to you and to one another in you**  
Risen Christ, we are not the same  
**Being with you has changed us**  
Holy Spirit, we cannot walk in Christ's way without you  
**Go with us now, we pray and set your blessing on us**

Dismissal and Blessing                Go in peace to walk in the way of Christ  
The Blessing of one God in Holy Trinity -  
go with you and remain with you  
**Amen**

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**Tuesday Morning**  
**"Discipleship and the kingdom of God"**

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Opening Responses                    The Lord be with you  
**And also with you**  
A voice cries: Prepare the way of the Lord  
**Make a path for our God in the desert**  
A voice cries: after me comes one who is more powerful  
**He will baptise you with the Holy Spirit**  
A voice cries: The time is fulfilled  
**The kingdom of God has come near**

♪ Rain down  
Words and Music: Jaime Cortez © OCP Publications  
[hymnary.org/tune/rain\\_down\\_cortez](http://hymnary.org/tune/rain_down_cortez) and Sing the Journey #49

Prayer of approach - improvised/extempore on the day

Silence of penitence - have mercy Lord

♪ O Lord have mercy  
Words and Music: African American Traditional  
Sing the Journey #47

Mark 1:1-13

♪ Now is the needed time

Words and Music: Lightnin' Hopkins/African American Traditional

[www.youtube.com/watch?v=XNAXLtfQd7Y](http://www.youtube.com/watch?v=XNAXLtfQd7Y)

Mark 1:14-28

♪ Praise the one who breaks the darkness

Words: Rusty Edwards © 1987 Hope Publishing Company (tune: Hyfrydol)

[hymnary.org/text/praise\\_the\\_one\\_who\\_breaks\\_the\\_darkness](http://hymnary.org/text/praise_the_one_who_breaks_the_darkness)

Bible study

♪ Be the centre

Words and Music: Michael Frye © 1999 Vineyard Songs

[vineyardsongs.com/songs/be-the-centre/](http://vineyardsongs.com/songs/be-the-centre/)

Prayers

♪ Let your kingdom come

**Let your will be done**

Words and Music: Sam Hargreaves © Resound Worship

[www.resoundworship.org/song/god\\_our\\_father\\_let\\_your\\_kingdom\\_come](http://www.resoundworship.org/song/god_our_father_let_your_kingdom_come)

The Lord's Prayer

♪ Behold, behold, I make all things new

Words: John L Bell © WGRG, The Iona Community

[https://hymnary.org/text/behold\\_behold\\_i\\_make\\_all\\_things\\_new](https://hymnary.org/text/behold_behold_i_make_all_things_new)

Come all you people #84

Closing responses

Gracious God, we are not our own

**We belong to you and to one another in you**

Risen Christ, we are not the same

**Being with you has changed us**

Holy Spirit, we cannot walk in Christ's way without you

**Go with us now, we pray and set your blessing on us**



Dismissal and Blessing

Go in peace to walk in the way of Christ  
The Blessing of one God in Holy Trinity - go with you and  
remain with you  
**Amen**

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**Wednesday Morning**  
**“Becoming Disciples”**

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Opening Responses

The Lord be with you  
**And also with you**  
This is the house of God  
**This is the gate of heaven**  
Surely the Lord is in this place  
**Lord we have come to meet you here**  
Let us worship God  
**We come to bless God’s holy name**

♪ 10,000 reasons

Words and Music: Jonas Myrin and Matt Redman © Capitol Christian Music Group  
mattredman.com

♪ Come all you weary

Words and Music © Doug Gay  
doug.gay@glasgow.ac.uk

Prayer of approach

God of all grace  
Rest for the weary  
Power to the powerless  
Shelter from the storm  
Help in time of trouble  
Shepherd of the lost  
Shade from the sun  
We worship you this morning  
as the life giver, the joy bringer  
The one who delights to show mercy  
The one whose love is eternal and whose arms are  
everlasting

We come this morning  
Into your embrace  
You who have run out to meet us in Jesus Christ  
Who have called us to be with you  
Draw near to us as we draw near to you  
Draw near to us as we draw near to you

Blessed Holy Spirit – you are the nearness of God  
Come down now to help us  
Breathe your life into all we do  
*[the rest of the prayer was improvised/extempore]*

Reading: Mark 6:30-31

Mini Conversation in pairs about a place of rest and retreat

♪ For you the pride from my heart (verse 1)

Words: John L Bell © WGRG, The Iona Community (tune: The Isle of Mull)  
[hymnary.org/text/for\\_you\\_the\\_pride\\_from\\_my\\_heart\\_is\\_banis](http://hymnary.org/text/for_you_the_pride_from_my_heart_is_banis)

Silence of resting

♪ For you the pride from my heart (verse 2)

Reading: Mark 6:30-34

♪ See how deep he loves

Words and Music: © 2012 Malcolm Gordon  
[malcolmgordon.bandcamp.com](http://malcolmgordon.bandcamp.com)

Reading: Mark 6:35-56

Bible study

Prayer

*Built around the Anglican Communion's Five marks of mission*

♪ Murassalat

Words and Music: South Sudan as taught by Beatrice Mukhtar Mamuzi

Hosanna: Ecumenical songs for justice and peace

♪ Be still my soul

Words: Katharina Amalia Dorothea von Schlegel translated Jane Laurie Borthwick (tune: Finlandia)

[hymnary.org/text/be\\_still\\_my\\_soul\\_the\\_lord\\_is\\_on\\_thy\\_side](http://hymnary.org/text/be_still_my_soul_the_lord_is_on_thy_side)

Closing responses

Gracious God, we are not our own

**We belong to you and to one another in you**

Risen Christ, we are not the same

**Being with you has changed us**

Holy Spirit, we cannot walk in Christ's way without you

**Go with us now, we pray and set your blessing on us**

Dismissal and Blessing

Go in peace to walk in the way of Christ

The Blessing of one God in Holy Trinity - go with you and remain with you

**Amen**

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**Thursday - Sending**

**"The kingdom and the cross"**

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Opening Responses

Jesus Christ is the Way

**We are called to walk with him**

Jesus Christ is the Truth

**We are called to learn with him**

Jesus Christ is the Life

**We are called to life with him**

There is one Lord, one Faith, one Baptism

**Christ has one church –**

**we join as one to worship him**

♪ Listen now for the gospel

Words and music: Zimbabwean traditional; translated John L Bell © 2002 WGRG, The Iona Community

Church Hymnary (4th edition) #779

Reading: Mark 8.27-38; 10.35-45

Bible study

♪ Jesus keep me near the cross

Words: Fanny Crosby (tune: Near the Cross)

[hymnary.org/text/jesus\\_keep\\_me\\_near\\_the\\_cross](http://hymnary.org/text/jesus_keep_me_near_the_cross)

♪ Rock of ages cleft for me

Words: Augustus Toplady (tune: Redhead)

[hymnary.org/text/rock\\_of\\_ages\\_cleft\\_for\\_me\\_let\\_me\\_hide](http://hymnary.org/text/rock_of_ages_cleft_for_me_let_me_hide)

♪ When I survey the wondrous cross

Words: Isaac Watts (tune: Rockingham)

[hymnary.org/text/when\\_i\\_survey\\_the\\_wondrous\\_cross\\_watts](http://hymnary.org/text/when_i_survey_the_wondrous_cross_watts)

Silence of adoration - you are the Christ

♪ Alleluia

Music: South African traditional

[hymnary.org/tune/alleluia\\_south\\_african](http://hymnary.org/tune/alleluia_south_african)

Prayer

♪ Somebody prayed for me

Words and Music: African American Traditional

[hymnary.org/text/somebody\\_prayed\\_for\\_me\\_had\\_me\\_on\\_their\\_m](http://hymnary.org/text/somebody_prayed_for_me_had_me_on_their_m)

Doug likes the feel of this version - pace and harmonies:

<https://www.youtube.com/watch?v=L68dMEUxNps>

Sharing the peace

♪ May the Lord bless you

Words and music © 2010 Yvonne Lyon

[www.satelliteworship.com](http://www.satelliteworship.com)

♪ The Saviour died but rose again

Words: Scottish Paraphrases 1781 (tune: Amazing grace)

[hymnary.org/text/the\\_savior\\_died\\_but\\_rose\\_again](http://hymnary.org/text/the_savior_died_but_rose_again)

Closing responses

*[From the "Wee Worship Book" published by the Wild Goose Resource Group]*

From where we are to where you need us

**Jesus now lead on**

From the security of what we know  
to the adventure of what you will reveal,

**Jesus now lead on**

To refashion the fabric of this world  
until it takes on the shape of your kingdom,

**Jesus now lead on**

Because good things have been prepared for those who love  
God,

**Jesus now lead on**

Dismissal and Blessing

Go in peace to walk in the way of Jesus  
The Blessing of one God in Holy Trinity -  
go with you and remain with you

**Amen**



